



Scott E. Metzger, MD
Michael O'Hara, DO

John Mak, MD
Kulbir S. Walia, MD
Sean Li, MD

Phone: 732-380-0200 • Fax: 732-380-0124

WORKERS COMPENSATION FORM

- Patient Name _____ Date: _____
1. Adjuster Name _____ Tel: _____ Fax: _____
2. Nurse Case Manager _____ Tel: _____ Fax: _____
3. WC Insurance Name: _____ Date of Accident: _____
4. Claim#: _____ Injuries Sustained to which part of your body: _____
5. Cause and Circumstances of Accident: _____

6. Employer: _____ Occupation: _____
7. Employer Address: _____ State: _____ Zip: _____
8. Employment Status: Part-time Full time As Needed
9. Date you reported your accident: _____ To Whom: _____
10. Did you complete your duties on the day of the accident? YES NO
11. Did you miss any work immediately following the injury: _____ If so how much: _____
12. Are you Currently Working: _____ If NO, your last date of work: _____
13. Did you seek immediate medical attention: ___ With Whom _____
14. Attended Physical Therapy: ___ If YES, with Whom: _____
15. Chiropractic Treatment: ___ If YES with Whom: _____
16. Other Pain Management Treatment: ___ With Whom: _____
17. List other Treatments for this injury: _____
18. Any chronic/pre-existing injuries contributing to current injury: _____
19. Any other accidents: ___ If YES, is it Work MVA Slip & Fall Sports Injury
20. Injuries sustained as a result of other accidents: _____
21. Treatment for other accidents: _____
22. Did those Injuries resolve: ___ IF NO, what are you currently being treated for _____
23. Do you have another job: ___ If YES, Employer's name _____
24. Prior MRI/CT SCANS: _____ Facility: _____
25. Do you participate in any athletic, recreational or sporting activities? YES NO
26. Attorney Name: _____ Tel: _____
27. Patient Signature: _____ Date: _____



Scott E. Metzger, MD
Michael O'Hara, DO

John Mak, MD
Kulbir S. Walia, MD
Sean Li, MD

Demographics

Name (first, mi, last): _____ DOB: ____/____/____
Address (no PO Box please): _____
SSN: _____ - _____ - _____ Gender: M F Marital Status: S M D W
Ethnicity: Latino Not Latino Declined
Race: White Black/African American Asian Other Declined
Primary Language: English Spanish Indian Russian Other Declined
Home #: _____ Cell #: _____ Work #: _____
Email: _____ Occupation: _____
Employer: _____ Employer Address: _____
Referring MD: _____ Primary MD: _____
Emergency Contact: _____ Phone #: _____ Relationship: _____
Pharmacy Name: _____ Pharmacy Address: _____
Pharmacy Phone: _____ Pharmacy Fax: _____
How did you hear about our office? _____

Insurance

Is your visit related to: 1) Worker's Comp? 2) Motor Vehicle Accident? (If yes, circle one)
Primary Health Insurance: _____ Effective Date: ____/____/____
Health Ins. Address: _____
Member ID# _____ Group #: _____
Policyholder's Name: _____ Referral required: Y N
Policyholder's DOB: ____/____/____ SSN# _____ - _____ - _____ Deductible \$ _____
Co-Pay \$ _____ Relation to Insured: _____
Policyholder's Employer: _____
Secondary Health Insurance: _____ Effective Date: ____/____/____
Health Ins. Address: _____
Member ID# _____ Group #: _____
Policyholder's Name: _____ Referral required: Y N
Policyholder's DOB: ____/____/____ SSN# _____ - _____ - _____ Deductible \$ _____
Co-Pay \$ _____ Relation to Insured: _____
Policyholder's Employer: _____

****Please bring driver's license and insurance card along with you to your appointment****



Scott E. Meizger, MD
Michael O'Hara, DO

John Mak, MD
Kulbir S. Wallia, MD
Sean Li, MD

DESIGNATION OF DISCLOSURE

Designation of Certain Relatives, Close Friends and Other Caregivers:

I agree that Premier Pain Centers may disclose certain of my health information to a family member, close personal friend or other caregiver, since such person is involved with my health care or payment relating to my health care. In that case, Premier Pain Centers will disclose information that is directly relevant to the person's involvement with my health care or payment relating to my health care. I wish to be contacted in the following manner (check all that apply):

You can disclose my health information as described below: (Please check all that apply)

- 1. OK to leave message with detailed information at my home/cell number: () _____
 on my answering machine
 with my spouse
 with anyone answering the phone
 Leave message with call back numbers only
- 2. OK to leave message with detailed information at my work number: () _____
 leave message with call back numbers only
- 3. OK to fax to my work fax: () _____
 OK to fax to my home fax: () _____
- 4. OK to email. Email Address: _____
 OK to text to my cell phone number: () _____

I designate the following persons listed below as persons involved with my health care or payment relating to my health care for the purpose of Premier Pain Centers making the limited disclosures described above. I understand that I am not required to list anyone. I also understand that I may change this at any time in writing. I understand that Premier Pain Center will not disclose health information to any person not designated except in case of an emergency.

Name: _____ Last 4 digits of his/her SS# or DOB (required as identifier) _____

Name: _____ Last 4 digits of his/her SS# or DOB (required as identifier) _____

Name: _____ Last 4 digits of his/her SS# or DOB (required as identifier) _____

The following person(s) are not authorized to receive my Patient Health Information:

Name: _____ Name: _____

Name: _____ Name: _____

Signature: _____ Print: _____ Date: _____

Patient or Authorized representative



Scott E. Metzger, MD
Michael O'Hara, DO

John Mak, MD
Kulbir S. Walia, MD
Sean Li, MD

Practice Policies

Thank you for choosing Premier Pain Centers. We are committed to the treatment of your condition. In order to provide your care, we require both treatment and financial compliance with our policies. Your clear understanding of our policies is important to our professional relationship.

We will bill your primary insurance company directly if a copy of both sides of your insurance card is provided at the time of service as well as required demographic information necessary to file your claim. If you fail to provide the necessary demographic information to file your claim, you will be responsible for payment in full at the time of service. You are required to notify us when any demographic information changes. You are required to provide a copy of your insurance card if your coverage changes. If payment is not received from your insurance company in 60 days, you will be expected to assist in the resolution of the open claim. If the claim continues to be unpaid after 120 days, we reserve the right to bill you directly. It is in your best interest to ensure that the correct insurance information is provided at the time of service.

If you have HMO coverage, it is your responsibility to obtain the necessary referral for your visit or procedure and forward a copy of this referral to our office prior to your visit or procedure.

All patients are expected to pay at the time of service. We accept check, money order, Master Card, Visa, American Express and Discover. Self-pay patients are required to pay in full at the time of service. If your insurance plan requires a copayment, it is payable at the time of service. **If you present without the copayment, we reserve the right to bill you a \$15.00 administration fee.** If for any reason a payment is dishonored by your bank, there will be a \$40.00 service fee added to your bill and you will be required to pay by cash, certified check, money order or credit card for all future services.

We are participating providers for many insurance plans. However, we encourage you to use your out-of-network benefits for all other carriers. You will be required to show your insurance card and driver's license at the time of service. If you do not have your insurance information or we are unable to verify your coverage, you will be required to pay for the services rendered to you that day. If your insurance coverage terminates or changes, you are responsible for notifying us of this change immediately so that we can assist you in receiving your maximum reimbursement. **In the event that your insurance carrier issues payment directly to you, it is your responsibility to forward that payment along with the explanation of benefits for appropriate posting of the payment to Premier Pain Centers.**

There may be times when your physician is out of the office and you are required to see a physician who is not in your network. In these instances, we will work with your insurance plan to obtain in-network benefits to minimize your out-of-pocket costs.

Filing a secondary claim is a courtesy to the patient. We will only submit to your secondary carrier if they have electronic submission capability. If no response is received, the balance will be your responsibility. If we receive payment from you and your secondary carrier, a refund of the overpayment will be made to you. We

will not file tertiary insurance claims, but will provide a claim to you upon request. You are responsible for all tertiary balances.

If you fail to meet your financial obligations in a timely manner, we reserve the right to discontinue care and refer your account to a collection agency. **You are responsible for any interest, agency and legal fees associated with collections.**

We do accept **Workers Compensation and Personal Injury Cases**. We will only file these claims with your regular insurance if a written denial from the workers compensation or personal injury carrier is received. **We accept liens on an individual basis only for services provided by our office.** All necessary legal contact information must be provided in advance of your service to allow us time to process the necessary lien paperwork.

Disability Forms, Reports, Etc.

Requests for completion of disability forms, reports or other paperwork will require a minimum fee of \$15.00, paid in advance, related to the amount of the preparation involved. If you have not seen your physician recently, you may be required to see your physician before the form can be completed. Please allow five business days for completion.

Appointments

Please be sure to provide a telephone number where you may be reached. If you have voice mail on your contact telephone number, our staff will leave a message including the time, date and location of your appointment. You can also check our Patient Portal online for all your appointment information.

We require 24 hours' notice if you intend to cancel your appointment. Should you cancel, reschedule or no-show for an appointment, we reserve the right to charge a no-show fee of \$50.00.

If you are scheduled for a procedure at any office and cancel without a 24 hour notice to our office, a cancellation fee of \$50.00 may be billed to you directly. Missed appointments for procedures at surgery centers (including taking of medications and lack of transportation) may be billed in the amount of \$100.00.

If you are late for your appointment, we reserve the right to reschedule your appointment or see you as the schedule permits. If you are a new patient and do not complete your forms in advance, you are required to be at the office at least 45 minutes in advance of your appointment to complete the necessary forms. **Failure to do so may result in the rescheduling of your new patient visit.**

HIPPA Privacy

By signing this form, you acknowledge receipt of the Notice of Privacy Practices of the Offices of Premier Pain Centers. This policy explains your rights including your right to see and receive a copy of your records, to limit disclosure of your protected health information and to request an amendment to your record. You may revoke, in writing, any consent for release of your healthcare information except to the extent the Practice has already made disclosures with your prior consent. Because of the privacy regulations, we are not at liberty to discuss your treatment with anyone unless you specifically designate your permission to do so. If you wish to allow access to your protected health information to any individual, ask our receptionist for an Access to Medical Records form. By signing this release, you allow us to discuss your care with the specified individual(s). If a family member has concerns about your care, we may not discuss these concerns without your written permission. Our Notice of Privacy Practices provides information on your rights and is available

on our website. We encourage you to read it in full. If you have any questions regarding our notice and if we change our notice, you may obtain a copy of the revised notice by contacting us at 732-380-0200 or visiting our website at www.premierpain.com.

Authorization to Release Information and Assignment of Benefits

I hereby assign all medical and/or surgical benefits to which I am entitled, including Medicare, Blue Shield, HMO's and commercial insurance to Premier Pain Centers and to Specialty Anesthesia if anesthesia is administered for procedures at a surgery center. **I understand that I am fully responsible for all charges whether or not they are covered by said insurance.** I hereby authorize assignee to release any information necessary to secure payment on my behalf.

Medication Policy

It is important to your health that you follow the directions carefully on all medications that we prescribe. In addition, we must be informed of all other medications, prescription, over-the-counter and supplements that you are taking. **We will not refill controlled medications in advance of their refill date, nor will we mail prescriptions. They must be given in person to you at the time of your appointment. If there is an unavoidable reason that you cannot make an appointment, we require a 3-day notice for a medication refill.** Patients receiving chronic medication management will be required to sign a separate medication contract.

Psychological Evaluations

Because of the nature of our treatment, there may be occasions when the physician determines that a psychological evaluation is necessary. For example, many healthcare plans require evaluations prior to intrathecal pump or dorsal column stimulator placements. **We reserve the right to discontinue care if you fail to obtain an evaluation as requested.**

Staff

We require our staff to address our patients with professionalism and we ask our patients to do the same. If, at any time, our staff feels that your tone or language is offensive or abusive, we expect them to terminate the conversation immediately and notify their immediate supervisor or practice administrator. **We will document your record, and depending on the severity of the situation, you may be discharged from the practice.**

We are committed to providing the best possible treatment and ask your cooperation in following our policies.

I READ AND UNDERSTAND THE ABOVE POLICIES AND AGREE TO ABIDE BY THEM. I FURTHER UNDERSTAND THAT FAILURE TO DO SO MAY RESULT IN MY DISCHARGE FROM THE PRACTICE.

Signature: _____
Patient or Authorized representative

(Please sign form in office)

Print Name: _____

Date: _____



Scott E. Metzger, MD
Michael O'Hara, DO

John Mak, MD
Kulbir S. Walia, MD
Sean Li, MD

AUTHORIZATION TO RELEASE HEALTHCARE INFORMATION

Patient Name: _____ Date of Birth: _____

Previous Name: _____ Social Security #: _____

I request and authorize PREMIER PAIN CENTERS to release healthcare information of the patient named above to:

Name: _____

Address: _____

City: _____ State: _____ Zip Code: _____

Fax#: _____

This request and authorization applies to:

Healthcare information relating to the following treatment, condition, or dates:

All healthcare information

Other: _____

Reason for request _____

Definition: Sexually Transmitted Disease (STD) as defined by law, RCW 70.24 et seq., includes herpes, herpes simplex, human papilloma virus, wart, genital wart, condyloma, Chlamydia,, nonspecific urethritis, syphilis, VDRL, chancroid, lymphogranuloma venereum, HIV (Human Immunodeficiency Virus), AIDS (Acquired Immunodeficiency Syndrome), and gonorrhea.

Yes No

I authorize the release of my STD results, HIC/AIDS testing, whether negative or positive to the person(s) listed above. I understand that the person(s) listed above will be notified that I must give specific written permission before disclosure of these test results to anyone.

Yes No

I authorize the release of any records regarding drug, alcohol, or mental health treatment to the person(s) listed above.

Patient Signature: _____ Date Signed: _____

REPLY TO: _____ PHONE: 732-380-0200 FAX: 732-370-0124

PAIN COMPREHENSIVE QUESTIONNAIRE

**Office use Provider _____

Appt time _____ Entered _____

Ht _____ Wt _____

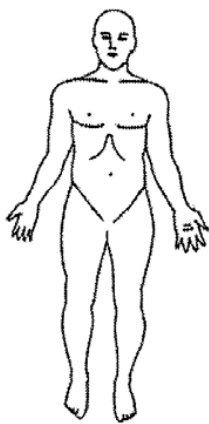
BP _____

Patient Name _____ DOB _____ Date _____

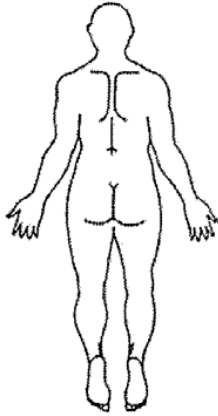
Referring Physician _____ Primary Care Physicians _____

Chief Complaint (main problem seeking treatment) _____ Side right left

On the Diagram, shade in or circle the area where you feel pain:



R L



L R

The onset of your pain was:

- Motor vehicle accident
Date of Accident _____
Were you wearing a seatbelt: Yes No
Position during the accident:
 Driver Passenger in front seat Passenger in back seat
- Falling from a height
- Injury at work
Date of injury _____
What injury occurred? _____

- Insidious onset Lifting an object Playing a sport Slipping and falling Trauma Tripping/uneven surface

Your pain occurs: constantly intermittent worse after activity worse at the end of the day worse during a activity worse during cold seasons worse during the day worse during the night worse in the morning

Describe your pain: aching burning cramp-like dull in a glove distribution in a stocking distribution pins & needles-like sharp shooting stabbing

Your pain has been occurring for: _____ days weeks months years

Preferred Pharmacy Name/Address:

Preferred Pharmacy Phone:

Are you pregnant or possibly pregnant?
 Yes No

--- (0 = no pain 10 = unbearable pain) ---
Pain level today
0 1 2 3 4 5 6 7 8 9 10
Over the last 4 weeks, please identify your pain levels below:
Severe pain level (on a bad day)
0 1 2 3 4 5 6 7 8 9 10
Average pain level (on an average day)
0 1 2 3 4 5 6 7 8 9 10

Allergies

Email _____

Symptoms	Associated with your pain	Symptoms	Associated with your pain
Arm numbness		Insomnia	
Awakens you from sleep		Leg numbness	
Changes in bladder function		Sexual Dysfunction	
Changes in bowel function		Shoulder numbness	
Changes in temperature in the affected area		Suicidal ideation	
Depression		Sweating in affected area	
Finger numbness		Toe numbness	
Flushing in affected area		Hand numbness	

PAIN COMPREHENSIVE QUESTIONNAIRE

What activities aggravate/relieve your symptoms?

ACTIVITIES	AGGRAVATES YOUR PAIN	RELIEVES YOUR PAIN
All Movements		
Bending Forward		
Exercise		
Lifting Objects		
Lying Flat		
Rest		
Rotating the neck		
Sitting		
Standing for long periods		
Walking long distances		

What treatments have you used to treat the symptoms?

TREATMENTS	NO RELIEF	MODERATE RELIEF	EXCELLENT RELIEF																											
ACTIVITY MODIFICATION																														
BRACE																														
What type of Brace?	<input type="checkbox"/> Back Brace <input type="checkbox"/> Neck Brace <input type="checkbox"/> Cervical traction <input type="checkbox"/> TENS unit <input type="checkbox"/> Ankle Brace (R or L) <input type="checkbox"/> Wrist Brace (R or L) <input type="checkbox"/> Knee Brace (R or L)																													
How long have you had the product?																														
Are you obtaining relief?																														
Are your products in good condition?																														
CHIROPRACTIC MANIPULATION																														
PHYSICAL THERAPY																														
PILATES																														
WEIGHT REDUCTION																														
YOGA																														
HEAT TREATMENT																														
ICE TREATMENT																														
ACUPUNCTURE																														
MEDICATIONS	Check mark all medication that apply below																													
<table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">Opioids</td> <td style="text-align: center;">NSAIDs/Tylenol</td> <td style="text-align: center;">Muscle Relaxants</td> </tr> <tr> <td><input type="checkbox"/> Tramadol</td> <td><input type="checkbox"/> Tylenol</td> <td><input type="checkbox"/> Soma</td> </tr> <tr> <td><input type="checkbox"/> Demerol</td> <td><input type="checkbox"/> Aspirin</td> <td><input type="checkbox"/> Lorzone</td> </tr> <tr> <td><input type="checkbox"/> Codeine</td> <td><input type="checkbox"/> Ibuprofen</td> <td><input type="checkbox"/> Flexeril</td> </tr> <tr> <td><input type="checkbox"/> Fentanyl (Duragesic)</td> <td><input type="checkbox"/> Naproxen</td> <td><input type="checkbox"/> Baclofen</td> </tr> <tr> <td><input type="checkbox"/> Hydromorphone (Dilaudid,)</td> <td><input type="checkbox"/> Daypro</td> <td><input type="checkbox"/> Zanaflex</td> </tr> <tr> <td><input type="checkbox"/> Hydrocodone (Vicodin)</td> <td><input type="checkbox"/> Indocin</td> <td><input type="checkbox"/> Robaxin</td> </tr> <tr> <td><input type="checkbox"/> Oxycodone (Percocet, Oxycontin)</td> <td><input type="checkbox"/> Feldene</td> <td><input type="checkbox"/> Skelaxin</td> </tr> <tr> <td><input type="checkbox"/> Oxymorphone (Opana)</td> <td><input type="checkbox"/> Voltaren</td> <td><input type="checkbox"/> Valium (Diazepam)</td> </tr> </table>				Opioids	NSAIDs/Tylenol	Muscle Relaxants	<input type="checkbox"/> Tramadol	<input type="checkbox"/> Tylenol	<input type="checkbox"/> Soma	<input type="checkbox"/> Demerol	<input type="checkbox"/> Aspirin	<input type="checkbox"/> Lorzone	<input type="checkbox"/> Codeine	<input type="checkbox"/> Ibuprofen	<input type="checkbox"/> Flexeril	<input type="checkbox"/> Fentanyl (Duragesic)	<input type="checkbox"/> Naproxen	<input type="checkbox"/> Baclofen	<input type="checkbox"/> Hydromorphone (Dilaudid,)	<input type="checkbox"/> Daypro	<input type="checkbox"/> Zanaflex	<input type="checkbox"/> Hydrocodone (Vicodin)	<input type="checkbox"/> Indocin	<input type="checkbox"/> Robaxin	<input type="checkbox"/> Oxycodone (Percocet, Oxycontin)	<input type="checkbox"/> Feldene	<input type="checkbox"/> Skelaxin	<input type="checkbox"/> Oxymorphone (Opana)	<input type="checkbox"/> Voltaren	<input type="checkbox"/> Valium (Diazepam)
Opioids	NSAIDs/Tylenol	Muscle Relaxants																												
<input type="checkbox"/> Tramadol	<input type="checkbox"/> Tylenol	<input type="checkbox"/> Soma																												
<input type="checkbox"/> Demerol	<input type="checkbox"/> Aspirin	<input type="checkbox"/> Lorzone																												
<input type="checkbox"/> Codeine	<input type="checkbox"/> Ibuprofen	<input type="checkbox"/> Flexeril																												
<input type="checkbox"/> Fentanyl (Duragesic)	<input type="checkbox"/> Naproxen	<input type="checkbox"/> Baclofen																												
<input type="checkbox"/> Hydromorphone (Dilaudid,)	<input type="checkbox"/> Daypro	<input type="checkbox"/> Zanaflex																												
<input type="checkbox"/> Hydrocodone (Vicodin)	<input type="checkbox"/> Indocin	<input type="checkbox"/> Robaxin																												
<input type="checkbox"/> Oxycodone (Percocet, Oxycontin)	<input type="checkbox"/> Feldene	<input type="checkbox"/> Skelaxin																												
<input type="checkbox"/> Oxymorphone (Opana)	<input type="checkbox"/> Voltaren	<input type="checkbox"/> Valium (Diazepam)																												
<table border="0" style="width: 100%;"> <tr> <td style="text-align: center;">Antidepressants</td> <td style="text-align: center;">Other</td> </tr> <tr> <td><input type="checkbox"/> Elavil (Amitriptyline)</td> <td><input type="checkbox"/> Neurontin (Gabapentin) <input type="checkbox"/> Lyrica</td> </tr> <tr> <td><input type="checkbox"/> Pamelor (Nortriptyline)</td> <td><input type="checkbox"/> Tegretol <input type="checkbox"/> Ativan</td> </tr> <tr> <td><input type="checkbox"/> Desipramine</td> <td><input type="checkbox"/> Dilantin <input type="checkbox"/> Xanax</td> </tr> <tr> <td><input type="checkbox"/> Imipramine (Tofranil)</td> <td><input type="checkbox"/> Topamax <input type="checkbox"/> Imitrex</td> </tr> <tr> <td><input type="checkbox"/> Zoloft</td> <td><input type="checkbox"/> Depakote <input type="checkbox"/> Ergotamine</td> </tr> <tr> <td></td> <td><input type="checkbox"/> Klonopin <input type="checkbox"/> Mexillitine</td> </tr> </table>				Antidepressants	Other	<input type="checkbox"/> Elavil (Amitriptyline)	<input type="checkbox"/> Neurontin (Gabapentin) <input type="checkbox"/> Lyrica	<input type="checkbox"/> Pamelor (Nortriptyline)	<input type="checkbox"/> Tegretol <input type="checkbox"/> Ativan	<input type="checkbox"/> Desipramine	<input type="checkbox"/> Dilantin <input type="checkbox"/> Xanax	<input type="checkbox"/> Imipramine (Tofranil)	<input type="checkbox"/> Topamax <input type="checkbox"/> Imitrex	<input type="checkbox"/> Zoloft	<input type="checkbox"/> Depakote <input type="checkbox"/> Ergotamine		<input type="checkbox"/> Klonopin <input type="checkbox"/> Mexillitine													
Antidepressants	Other																													
<input type="checkbox"/> Elavil (Amitriptyline)	<input type="checkbox"/> Neurontin (Gabapentin) <input type="checkbox"/> Lyrica																													
<input type="checkbox"/> Pamelor (Nortriptyline)	<input type="checkbox"/> Tegretol <input type="checkbox"/> Ativan																													
<input type="checkbox"/> Desipramine	<input type="checkbox"/> Dilantin <input type="checkbox"/> Xanax																													
<input type="checkbox"/> Imipramine (Tofranil)	<input type="checkbox"/> Topamax <input type="checkbox"/> Imitrex																													
<input type="checkbox"/> Zoloft	<input type="checkbox"/> Depakote <input type="checkbox"/> Ergotamine																													
	<input type="checkbox"/> Klonopin <input type="checkbox"/> Mexillitine																													

PAIN COMPREHENSIVE QUESTIONNAIRE

Do you have any adverse effects since starting any treatment?

- Constipation Drowsiness Mental slowness Other

What procedures have you had to treat the pain?

PROCEDURE	Mark if applicable
No Procedure	
Epidural Steroid Injection	
Facet Joint Injection	
Medial Branch Block Trial	
Peripheral Nerve Injection	
Rhizotomy	
Fusion, anterior	
Fusion, posterior	
Fusion, combined anterior and posterior	
Laminectomy	
Microdiscectomy	
Other	

<p>What imaging studies have you had for the pain?</p> <p><input type="checkbox"/> Bone scan</p> <p><input type="checkbox"/> CT Scan</p> <p><input type="checkbox"/> EMG</p> <p><input type="checkbox"/> MRI</p>

How has the pain limited you? (check mark all that apply)

Activities	Limit Pain	Activities	Limit Pain
No limitations		Inability to attend school	
Attending school on a limited basis		Inability to perform daily activities (ADL's)	
Difficulty getting up from chair		Inability to work	
Difficulty sitting		Requiring constant assistance	
Difficulty standing		Requiring occasional assistance	
Difficulty walking		Working on a limited basis	
Difficulty with daily activities (ADL's)		Working light duty	
Difficulty with recreational sports		Other	
Functional limitations			

Who have you seen for this problem? Chiropractor Emergency Room General Surgeon Internist

Orthopedic Doctor Pediatrician Primary care Therapist Trainer Urgent Care Center Walk in clinic

INTAKE AND HISTORIES

**** PLEASE COMPLETE THE REMAINDER OF THIS PAPERWORK ON THE PATIENT PORTAL ****

<https://nspc.ema.md> **Contact our office at 732-380-0200 for a username and password**

Past Medical History (please check all that apply):

- | | | |
|--|--|--|
| <input type="checkbox"/> Anemia, Chronic | <input type="checkbox"/> Diabetes, Non-Insulin Dependent | <input type="checkbox"/> Lung Cancer |
| <input type="checkbox"/> Anxiety | <input type="checkbox"/> End Stage Renal Disease | <input type="checkbox"/> Lymphoma |
| <input type="checkbox"/> Asthma | <input type="checkbox"/> GERD | <input type="checkbox"/> Multiple Myeloma |
| <input type="checkbox"/> Atrial fibrillation | <input type="checkbox"/> Hepatitis | <input type="checkbox"/> Obesity, Morbid |
| <input type="checkbox"/> Breast Cancer | <input type="checkbox"/> HIV/AIDS | <input type="checkbox"/> Obesity |
| <input type="checkbox"/> Chronic Pain | <input type="checkbox"/> High Cholesterol | <input type="checkbox"/> PBPH |
| <input type="checkbox"/> Colon Cancer | <input type="checkbox"/> Hyperparathyroidism | <input type="checkbox"/> Prostate Cancer |
| <input type="checkbox"/> COPD | <input type="checkbox"/> Hypertension | <input type="checkbox"/> Radiation Therapy |
| <input type="checkbox"/> Coronary Artery Disease | <input type="checkbox"/> Hyperthyroidism | <input type="checkbox"/> Seizures |
| <input type="checkbox"/> Depression | <input type="checkbox"/> Hypothyroidism | <input type="checkbox"/> Stroke |
| <input type="checkbox"/> Diabetes, Insulin Dependent | <input type="checkbox"/> Leukemia | <input type="checkbox"/> None |
| | | <input type="checkbox"/> Other _____ |

Past Surgical History (please check all that apply):

- | | | |
|---|--|---|
| <input type="checkbox"/> Appendix (Appendectomy) | <input type="checkbox"/> Heart Transplant | <input type="checkbox"/> Rectum: Low Anterior Resection |
| <input type="checkbox"/> Bladder Removed | <input type="checkbox"/> Heart: Mechanical Valve Replacement | <input type="checkbox"/> Skin: Basal Cell Carcinoma |
| <input type="checkbox"/> Breast: Mastectomy
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | <input type="checkbox"/> Heart: PTCA | <input type="checkbox"/> Skin: Melanoma |
| <input type="checkbox"/> Breast: Lumpectomy
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | <input type="checkbox"/> Kidney Stone Removal | <input type="checkbox"/> Skin: Skin Biopsy |
| <input type="checkbox"/> Colectomy: Colon Cancer Resection | <input type="checkbox"/> Kidney Transplant | <input type="checkbox"/> Skin: Squamous Cell Carcinoma |
| <input type="checkbox"/> Colectomy: Diverticulitis | <input type="checkbox"/> Liver: Liver Transplant | <input type="checkbox"/> Hysterectomy: Caesarean |
| <input type="checkbox"/> Colectomy: IBD | <input type="checkbox"/> Liver: Shunt | <input type="checkbox"/> Hysterectomy: Uterine Cancer |
| <input type="checkbox"/> Colon: Colostomy | <input type="checkbox"/> Ovaries Removed: Ovarian Cancer | <input type="checkbox"/> Hysterectomy: Cervical Cancer |
| <input type="checkbox"/> Gallbladder Removal | <input type="checkbox"/> Ovaries: Tubal Ligation | <input type="checkbox"/> None |
| <input type="checkbox"/> Heart: Biological Valve Replacement | <input type="checkbox"/> Pancreas: Pancreatectomy | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> Heart: Coronary Artery Bypass Surgery | <input type="checkbox"/> Prostate Removed: Prostate Cancer | |
| | <input type="checkbox"/> Prostate Removed: TURP | |
| | <input type="checkbox"/> Rectum: APR | |

INTAKE AND HISTORIES

Past Orthopedic History (please check all that apply):

- | | | |
|---|---|---|
| <input type="checkbox"/> Ankle Fracture | <input type="checkbox"/> Osteoarthritis | <input type="checkbox"/> Soft Tissue Sarcoma |
| <input type="checkbox"/> Ankylosing Spondylitis | <input type="checkbox"/> Osteopenia | <input type="checkbox"/> Spinal Stenosis, Cervical |
| <input type="checkbox"/> Bursitis | <input type="checkbox"/> Osteoporosis | <input type="checkbox"/> Spinal Stenosis, Lumbar |
| <input type="checkbox"/> DISH | <input type="checkbox"/> Primary Bone Sarcoma | <input type="checkbox"/> Vertebral Body
Compression Fracture |
| <input type="checkbox"/> Epidural Injections, Spine | <input type="checkbox"/> Psoriatic Arthritis | <input type="checkbox"/> Vitamin D Deficiency |
| <input type="checkbox"/> Fracture | <input type="checkbox"/> Rheumatoid Arthritis | <input type="checkbox"/> Wrist Fracture |
| <input type="checkbox"/> Gout | <input type="checkbox"/> Ricketts | <input type="checkbox"/> None |
| <input type="checkbox"/> Hip Fracture | <input type="checkbox"/> RSD | <input type="checkbox"/> Other _____ |
| <input type="checkbox"/> HNP, Cervical | <input type="checkbox"/> Sciatica | |
| <input type="checkbox"/> HNP, Lumbar | <input type="checkbox"/> Scoliosis | |
| <input type="checkbox"/> Metastatic Bone Disease | <input type="checkbox"/> Spine Fracture | |

Past Orthopedic Surgery (please check all that apply):

- | | |
|---|--|
| <input type="checkbox"/> Ankle Fracture ORIF
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | <input type="checkbox"/> Joint Replacement: Knee
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Carpal Tunnel Decompression
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | <input type="checkbox"/> Joint Replacement: Shoulder
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Cervical Spine Surgery: ACDF | <input type="checkbox"/> Knee Arthroscopy
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| <input type="checkbox"/> Cervical Spine Surgery: Disc Replacement | <input type="checkbox"/> Kyphoplasty/Vertebroplasty |
| <input type="checkbox"/> Distal Radius ORIF
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | <input type="checkbox"/> Lumbar Spine Surgery: Decompression |
| <input type="checkbox"/> Intermedullary Nailing Femur
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | <input type="checkbox"/> Lumbar Spine Surgery: Decompression & Fusion |
| <input type="checkbox"/> Intermedullary Nailing Tibia
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | <input type="checkbox"/> Lumbar Spine Surgery: Disc Replacement |
| <input type="checkbox"/> Joint Replacement: Hip
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both | <input type="checkbox"/> Rotator Cuff Repair
<input type="checkbox"/> Right <input type="checkbox"/> Left <input type="checkbox"/> Both |
| | <input type="checkbox"/> Other _____ |
| | <input type="checkbox"/> None |

INTAKE AND HISTORIES

Social History (please check all that apply):

Cigarette Smoking

- Never Smoked
- Quit: former smoker
- Smokes less than daily
- Smokes daily
 - # packs per day _____

Alcohol Use

- Do not drink alcohol
- Less than 1 drink a day
- 1-2 drinks a day
- 3 or more drinks a day

Exercise Frequency

- Several times a day
- Once a day
- Few times a week
- Few times a month
- Never
- Other _____

Drug Use

- Drug Use
- IV Drug Use
 - _____

Family History:

Please check appropriate box "Alive" or "Deceased" and list ages for the following Blood Family Members. If Parents or Grandparents are deceased, please write in Age and Cause of Death, if known.

	Alive	Age (if known)	Deceased	Age at Death	If deceased, cause of death	Unknown Status
Father						
Mother						
Maternal Grandmother						
Maternal Grandfather						
Paternal Grandmother						
Paternal Grandfather						

	Number Alive	Age (if known)	Number Deceased	Age at Death	If deceased, cause of death	Unknown Status
Brothers						
Sisters						
Sons						
Daughters						

INTAKE AND HISTORIES

Family History (continued):

Please mark YES or NO if a Blood Family Member has ever had any of these conditions. If you mark YES, please mark the box under the relationship of the person to you

				Relationship of Person to you				
	YES	NO	DO NOT KNOW	Father	Mother	Grandparent	Brother /Sister	Son/ Daughter
Cancer								
Heart Disease								
Diabetes								
High Blood Pressure								
Stroke/TIA								
Alcohol Abuse								
Drug Abuse								
Psychiatric Illness								
Seizures								
Depression/Suicide								
Osteoarthritis								
Osteoporosis								
Scoliosis								
Other Conditions								

INTAKE AND HISTORIES

Review of Systems* (check yes or no if you are currently experiencing any of the following):

Symptom	Yes	No	Symptom	Yes	No
Joint pains			Pain w/ breathing		
Joint swelling			Palpitations		
Difficulty Walking			Ankle Swelling		
Muscle Pain			Labored breathing w/exertion		
Weakness			Nausea		
Numbness			Vomiting		
Tingling			Diarrhea		
Fever			Constipation		
Weight Gain			Heartburn		
Rash			Ulcers		
Chest Pain			Blood in Stool		
Incontinence			Urinary Incontinence		
Shortness of Breath			Urinary hesitancy		
Suicidal thoughts			Urinary retention		
Weight loss			Blood in urine		
Chills			Genital pain		
Fatigue			Excessive bruising		
Discoloration			Excessive bleeding		
Scarring			Cancer		
Environmental Allergies			Excessive thirst		
Immunosuppression			Heat/Cold intolerance		
HIV/AIDS			Diabetes		
Blurred Vision			Thyroid Disease		
Double Vision			Joint Stiffness		
Glaucoma			Dizziness		
Eye pain			Fainting		
ringing in the Ears			Headaches		
Loss of hearing			Tremor		
Nose bleeds			Seizure		
Hoarseness			Memory Loss		
Difficulty Swallowing			Depression		
Cough			Anxiety		
Wheezing			Hallucinations		

Other Medical Conditions* (check yes or no for the following):

*Please inform the physician, medical assistant or front desk staff of any other medical conditions or concerns.

Symptom	Yes	No	Symptom	Yes	No
Blood Thinners			Rheumatoid Arthritis		
Pacemaker			Hepatitis B or C		
Defibrillator			HIV/ADS		
Premedicate Prior to Procedure			Diabetes		
Hepatitis B or C					



INTAKE AND HISTORIES

This section is for patients aged 65 years or older.

In the event that you are incapacitated, who would you like to have make your medical decisions? Provide name, phone number, and relationship. If none assigned, leave blank.
