A Patient's Rights

Your Rights as Our Patient

Quality Treatment You Can Expect

As a patient being treated in our office, you have a right to: •Respectful care given by competent personnel.

- •Consideration of your privacy concerning your own medical care.
- •The names of all physicians and/or staff directly assisting in your care.
- Have medical records pertaining to your medical care treated as confidential (except as required by law or third-party contractual agreement).
- •Know what rules and regulations in our practice apply to your conduct as a patient.
- Expect emergency procedures to be implemented without delay; if there is a need to transfer you to another facility, a responsible person and the facility will be notified of your condition prior to your arrival.
- Good quality care and high professional standards continually maintained and reviewed.
- •Full information in layman's terms concerning diagnosis, treatment, prognosis, and possible complications.
- Give an informed consent to the physician prior to the start of each procedure.
- Be advised of participation in a medical care research program or donor program. (You will be asked to give your informed consent prior to participation in such a program, and you may refuse to continue in a program that you have previously given informed consent to participate in.)
- Refuse drugs or procedures and have a physician explain the medical consequences of your refusal.
- Medical and nursing services without discrimination based upon age, race, color, religion, national origin, handicap, disability or source of payment.

- Have access to an interpreter whenever possible.
- Access to all information contained in your medical record, within a reasonable time, unless access is specifically restricted by your attending physician for medical reasons or is prohibited by law.
- Expect good management techniques to be implemented that consider effective use of your time and to avoid unnecessary discomfort.
- •Examine and receive a detailed evaluation of your bill.
- •Be informed at your request of your provider's credentials.
- •Be free from abuse, neglect, harassment and exploitation.
- Receive ambulatory center (ASC) services without discrimination based upon race, color, religion, gender, national origin, or payer. The ASC is not required to provide uncompensated or free care and treatment unless otherwise required by law.
- Appropriate and professional care relating to physician orders.
- Formulate advance directives and to have the surgery center comply with the directives unless the care team notifies the patient of the inability to do so. The ASC will decline to implement elements of a Do Not Resuscitate / DNR advanced directive. The ASC medical team will always attempt to resuscitate a patient and transfer the patient to a Medicare-certified hospital in the event of deterioration.
- Receive information necessary to make informed decisions prior to the start of any procedure or treatment.
- Refuse treatment within the confines of the law and to be informed of the consequences of his/her actions.
- Personal and data privacy and confidentiality.
- Voice grievances and suggest changes in services.
- Exercise your rights without discrimination or reprisal.
- •Receive care in a safe setting.

Notice of Financial Interest:

Federal regulations require that we inform you that our physicians have a financial interest in ASC Development Company, LLC. They are: Drs. Richard Brouillette, Carey-Walter Closson, Mark Coleman, Michael Daly, Ali El-Mohandes, Tameta Clark, Dontese Nicholson, Kristoffer DeLara, Varada Nargund, Michael Wong, Anish Patel, Jeffrey Schneider, Aneesh Singla, Steven Sloan, Abdul Soudan, and Lester Zuckerman. An interest in this facility enables them to have a voice in the Administrative and Medical Policy of this healthcare institution. This involvement helps us ensure the finest quality surgical care for their patients.

ASC Development Company, LLC Grievance Process: ASC Development Company, LLC provides a process for patients' concerns to be heard and addressed by administrative personnel. You may contact the Board Members, Executive Directors, or state agency. Medicare patients may contact the Ombudsman at: www.medicare.gov/ombudsman/resources.asp.

The Medicare Beneficiary Ombudsman is to ensure that Medicare beneficiaries receive the information and help needed to understand their Medicare options and to apply their Medicare rights and protections.

National Spine & Pain Centers, 11921 Rockville Pike Suite 505, Rockville, MD 20852. 301-881-7246

Maryland Department of Health and Mental Hygiene, Office of Health Care Quality, Program Manager, Spring Grove Center / Bland Bryant Building, 55 Wade Avenue, Catonsville, MD 21228. 410-402-8040, 800-492-6005

We recognize that you have a choice for healthcare services, and we are grateful that you have chosen us as your provider.

For more information or to report a problem: If you have questions or would like additional information, please contact the Privacy Officer at 844-234-2642 or compliance@treatingpain.com. If you believe your privacy rights have been violated, you may file a written complaint with the Secretary of Health and Human Services. There will be no retaliation for filing a complaint.

It is important for you to know what you can expect from our relationship.

We want you to be satisfied with the treatment you receive. Please notify your physician or another member of our staff if there is any way we can serve you better.

For an appointment call: 855.836.PAIN (7246) Visit our website: treatingpain.com



Bel Air 510 Upper Chesapeake Dr., ste 415 Bel Air, MD 21014

Bowie 16900 Science Dr., ste 100 Bowie, MD 20715

Chevy Chase 5550 Friendship Blvd., ste 450 Chevy Chase, MD 20815

Columbia 7120 Minstrel Way, ste 106 Columbia, MD 21045

Clinton 7501 Surratts Road, ste 202 Clinton, MD 20735

Cumberland 940 Seton Drive, ste A Cumberland, MD 21502

Frederick 75 Thomas Johnson Dr., ste C Frederick, MD 21702

Germantown 19735 Germantown Rd., ste 360 Germantown, MD 20874

Glen Burnie 1600 Crain Hwy SW, ste 301 Glen Burnie, MD 21061

Greenbelt/Berwyn Heights 8824 Cunningham Dr., ste B Berwyn Heights, MD 20740

Hagerstown 11 50 Professional Ct., ste P Hagerstown, MD 21740

Pikesville 18 38 Greene Tree Rd., ste 150 Pikesville, MD 21208

Rockville 11921 Rockville Pike, ste 505 Rockville, MD 20852

Silver Spring 8455 Colesville Rd., ste 200 Silver Spring, MD 20910

Waldorf 3460 Old Washington Rd., ste 300 Waldorf, MD 20602

White Marsh 6820 Hospital Dr., ste 302 White Marsh, MD 21237 treatingpain.com In addition to the enclosed paperwork, please bring the following with you to your appointment:

✓ A picture ID

✓ Insurance cards

- ✓ Your co-pay (if required by your insurance)
- ✓ Your referral (if required by your insurance)
- ✓ Any report, film, or disc of radiology relating to
- Any medical records relating to your pain and treatment

 A list of medications you are currently taking or their medication bottles

| TODAY'S DATE: | ACCOUNT #: |
|---|--|
| PATIENT INFORMATION | INSURANCE INFORMATION |
| LAST NAME: | PRIMARY INSURANCE COMPANY: |
| FIRST NAME: | BILLING ADDRESS: |
| ADDRESS: | CITY: STATE: ZIP: |
| CITY: STATE: ZIP: | PHONE #: |
| HOME PHONE #: | ID #: GROUP #: |
| MAY WE LEAVE A MESSAGE? Y N | |
| CELL PHONE #: | |
| MAY WE LEAVE A MESSAGE? Y N | |
| EMAIL*: | SECONDARY INSURANCE COMPAY: |
| PREFERRED METHOD TO CONTACT YOU: | BILLING ADDRESS: |
| DATE OF BIRTH: | CITY: STATE: ZIP: |
| SOCIAL SECURITY #: | PHONE #: |
| SEX (PLEASE CIRCLE): MALE FEMALE | ID #: |
| HOW DID YOU HEAR ABOUT US: | |
| PREFERRED LANGUAGE: | |
| RACE: | |
| PERSON TO NOTIFY IN | CASE OF EMERGENCY: |
| NAME: | PHONE #: RELATION TO YOU: |
| | |
| IF INSURANCE IS NOT IN YOU | R NAME, PLEASE COMPLETE: |
| IF INSURANCE IS NOT IN YOU NAME OF POLICY HOLDER: | R NAME, PLEASE COMPLETE: patient's employer: |
| | , |
| NAME OF POLICY HOLDER: | PATIENT'S EMPLOYER: |
| NAME OF POLICY HOLDER: DATE OF BIRTH: | PATIENT'S EMPLOYER: EMPLOYER ADDRESS: |
| NAME OF POLICY HOLDER: DATE OF BIRTH: SOCIAL SECURITY #: | PATIENT'S EMPLOYER: EMPLOYER ADDRESS: WORK #: |
| NAME OF POLICY HOLDER: DATE OF BIRTH: SOCIAL SECURITY #: POLICY HOLDER EMPLOYER: | PATIENT'S EMPLOYER: EMPLOYER ADDRESS: WORK #: CITY: STATE: ZIP: |
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USE AND DISCLOSURE OF PROTECTED HEALTH INFORMATION

The educational pamphlet entitled "Notice of Privacy Practices" provides information about how National Spine & Pain Centers may use and disclose protected health information about you, and is compliant with the requirements of the Health Insurance Portability and Accountability Act of 1996 (HIPAA).

- Our notice of privacy practices states that we reserve the right to change the terms described. Should this happen to you, you will receive a revised copy either by mail or in person.
- You have the right to request restrictions on how your protected health information may be used or disclosed for treatment, payment, or health care operations. We are not required to agree to your restrictions, but if we do, we are bound by our agreement with you.

RELEASE OF MEDICAL INFORMATION FOR COORDINATION OF CARE

I hereby authorize National Spine & Pain Centers to release medical information to my referring physician, primary care doctor, case manager, and any other individual involved in my medical care for the sole purpose of facilitating my treatment. National Spine & Pain Centers may also obtain my medication history for the purpose of continued treatment. I understand that my medical information is confidential and that I have a choice to request that my physician not share my medical records with any of the above individuals involved in my care whom I do not wish to receive my medical records. I agree that a copy of this release may be used in place of the original. I am aware that I may request that this agreement to release medical information may be revoked at any time by providing the physician's office with a dated and signed letter. I have read and agreed to those terms.

MISSED APPOINTMENT POLICY

Please be aware that by scheduling an initial consultation with our physicians, you are agreeing to abide by the billing policies of our service. To better serve all of our patients, we require a 24 hour notification, should you need to cancel or reschedule your appointment. Should you miss or reschedule your appointment with less than a 24 hour notice, you will be charged a \$35.00 fee, for which payment will be due at the time of your next appointment. Your insurance company will not cover fees for missed appointments.

AUTHORIZATION TO DISCUSS INFORMATION WITH DESIGNATED PERSON

It is often difficult to reach a patient to discuss appointments, medications, and other information that is pertinent to our patients' care. In this event, we would discuss such information to the person that you for which you sign authorization and designate below. Please complete the following section:

| , | Centers to discuss any information required in the course of my be reached by phone to the following designated person(s): |
|---|--|
| Name of Designee: | Phone Number: |
| Relationship to Patient: | |
| Name of Designee: Relationship to Patient: | Phone Number: |
| □ None | I agree to all of the above information. |
| | |



RELEASE OF MEDICAL INFORMATION

I hereby authorize National Spine & Pain Centers to release medical information to Medicare, my employer's Benefits Department, or my other insurance company for the sole purpose of obtaining payment for my medical care. Although medical information is confidential, many carriers require medical documentation prior to my payment for services. I understand that only information pertaining to obtaining payment for my care will be released. I agree that a copy of this release may be used in place of the original. I am aware that I may request this release of medical information to be revoked at any time by providing the physician's office with a dated and signed letter. I have read and agree to these terms.

AUDIO/VIDEO RECORDING PROHIBITED

Please be advised that, in order to better enable us to assure compliance with HIPAA Privacy and Security laws and regulations, and in recognition of the legitimate privacy concerns of our patients and staff, the use of any audio or video recording devices in this office by patients or other visitors, including but not limited to cell phones, is strictly prohibited. We reserve the right to terminate any patient as permitted under State law if the patient or anyone accompanying the patient is found to be in violation of this office policy. We appreciate your understanding and cooperation.

PAYMENT FOR MEDICAL SERVICES

I hereby assume financial responsibility for all changes incurred for services rendered. I understand that I will be required to pay co-payments, amounts applied to deductibles, and balances of bills not paid in accordance with the benefits of my current insurance policy. If I am unable to make payments in full for my medical treatment within 30 days, I agree to call the business office to make payment arrangements.

I hereby authorize payment for all medical insurance benefits which are payable under the terms of my insurance policy to be directly paid to National Spine & Pain Centers, or designate payment for services rendered. I certify that the information I have reported regarding my insurance coverage is correct. I authorize the doctor's office to verify insurance coverage and benefits allowed in accordance with my insurance company's policy.

I understand that it is my full responsibility that any third party which I direct National Spine & Pain Centers to bill, in the event of non-payment for whatever reason in accordance with the benefits of my current insurance policy, I will pay immediately. It is further agreed that in the event that I fail to pay upon demand, my account will be referred to an outside collection agency or an attorney. I accept full responsibility to pay all collection costs not to exceed 30% and interest of 1.25% per month not to exceed 18% annum and reasonable court costs.

Please sign below that you understand this information..

Patient



LATE ARRIVAL POLICY

The appointment time you are given is when you are expected to be in the exam room or operating room. We require that new patients and established patients come in 30 minutes early to complete paperwork. If you do not arrive 30 minutes early, you may not have enough time to complete the necessary paperwork. Arriving late means not arriving 30 minute prior to the appointment time. We are a surgery center and not a private physician's office. This is standard protocol for any inpatient or outpatient surgery center.

It is the policy of National Spine & Pain Centers that patients are to arrive on time. Patients who arrive late for visits or procedures cannot expect or demand to be seen. Other patients who have arrived on time expect to be seen at their allotted appointment time. Many appointments are scheduled for only 15 minutes. Arriving late by even five minutes will affect the schedule. We have a limited number of exam rooms and only one operating room. Because of this, seeing one late patient will make the schedule run late for the rest of the day. This is not considerate to the other patients who have arrived on time.

There are many things that can occur to make patients late; i.e. car trouble, traffic, parking, etc.. We understand that this can happen, but we cannot change the schedule for the rest of the day to accommodate any of these reasons.

If you arrive late for any reason, please check in at the front desk. The practice manager or office manager will check the schedule for the day, and, if possible, offer you another available time the same day. For example, if another patient has cancelled or rescheduled and there is an open slot available, you will be offered the open time slot. If one is not available, an appointment on a different day will be offered to you. Please remind the staff if your medication will run out prior to this new appointment date.

We specifically ask that all new patients and existing patients with follow-ups arrive 30 minutes early. This request is made both verbally at the time of scheduling your appointment and is heard on our recording when you are on hold with our office. We also request that patients who will be having a procedure arrive 30 minutes early when having a procedure with and without sedation. This information is also repeated on the recall slip.

There may be times when we run late, this is due to unforeseen patient clinical needs that we must accommodate. We respect out patients' time and will to all that we can to be on schedule.

I have read the late arrival policy and understand that if I arrive late I am not guaranteed that I will be seen the same day.

Patient Signature

Date

treatingpain.com



Acknowledgment of Receipt of Notice of Privacy Practices

I acknowledge that I have received a copy of a separate document, entitled, "Notice of Privacy Practices" which sets forth NSPC's privacy practices and my rights regarding privacy of my protected health information.

PATIENT SIGNATURE (or Representative)

DATE

FOR OFFICE USE ONLY

We have made every possible effort to obtain written acknowledgement of receipt of our notice of privacy practices from this patient but it could not be obtained because:

- □ The patient refused to sign
- Due to an emergency situation, it was not possible to obtain an acknowledgement
- □ We were unable to communicate with the patient
- □ Other (please provide specific details)

Employee Signature



By signing below, I authorize National Spine and Pain Centers (NSPC) & all affiliate companies to send email communications regarding the patient portal to the email address identified below and give my expressed consent for my medical information to be made available to me using the **Patient Portal**. I understand that I have the right to receive a completed copy of this consent.

| Patient Name: | | | | | |
|---------------|-----------|--------|------------|---------------|--|
| | Last Name | Middle | First Name | Date of Birth | |
| Address: | | | | | |
| | Street | City | State | Zip | |

Please clearly print or type the email address authorized to receive the email invitation:

Please clearly re-print or re-type the email address authorized to receive the email invitation:

Complete the following if the email address does not belong to the patient:

Recipient:

| Last Name | Middle Initial | First Name |
|-----------|----------------|------------|
| | | |

Relationship to the Patient

I understand that my health information is protected by federal and state law. This consent applies to records that may contain information related to the testing, diagnosis or treatment for conditions, including, but not limited to, drug and alcohol abuse; psychotherapy, mental or other behavioral health; HIV/AIDS or other communicable diseases; genetic testing; or any other condition expressly protected by state Law. This consent will remain in effect unless I deactivate my account or written notice is provided to the National Spine and Pain Centers (NSPC) & all affiliate companies.

I understand that my username and password will be unique to my health information and sharing my username and password may grant others access to my health information. I further understand that any health information disclosed as a result of sharing my username and password may no longer be protected under federal or state law and could be further released by the individual who receives the information.

I understand that I may refuse to sign this consent and such refusal will not prohibit me from receiving treatment or payment for my treatment. I further understand that my refusal to sign this consent will not prevent me from receiving a copy of my medical records.

YES I do wish to access my medical information and give my expressed consent the National Spine & Pain Centers (NSPC) & ASC Development Company, LLC to make my medical information available to me using the Patient Portal.

| Patient or Representative | | NSPC or Affiliate Company Witness | | |
|---------------------------|------|-----------------------------------|------|--|
| Signature | | Signature | | |
| Print Name | Date | Print Name | Date | |
| Relationship to Patient* | | | | |

*Legal authority must be verified when an individual is signing on behalf of the patient

| | | | **Offic | ce use | Prov | ider | |
|---|----------------------------------|--|---------------------------|--------|-------|-------|----------|
| Spine | | | Appt ti | ime | | E | intered |
| & Pain | | | Ht | | _Wt | | |
| | COMPREHENSIVE QUEST | | | | | | |
| Patient Name | | | | | | | |
| Referring Physician | Primary Car | e Physicians | | | | | |
| Chief Complaint (main problem seeking | treatment) | | | Side | 🗆 r | right | : 🗆 left |
| On the Diagram, shade in or circle the a | rea where you feel pain: | Preferred Phar | macy Nam | e/Ad | dress | 5: | |
| | | Preferred Phar | macy Phor | າຍ: | | | |
| The Link The L | I Juit | Are you preg | nant or po □Yes □ | | y pre | egna | int? |
| | | (0 = no pain Pain level toda | | bearal | ole p | ain) | |
| | 50 | 0 1 2 3 | | | | | |
| RL L | R | Over the last 4 v | veeks, plea levels bel | | ntify | you | r pain |
| The onset of your pain was: | | Severe pain lev | vel (on a b | ad da | y) | | |
| Motor vehicle accident | | 0 1 2 3 | 4 5 6 | 7 | 8 | 9 | 10 |
| Date of Accident | | Average pain le | evel (on ar | n avei | age | day |) |
| Were you wearing a seatbelt: 🗆 | Yes 🗆 No | 0 1 2 3 | 4 5 6 | 7 | 8 | 9 | 10 |
| Position during the accident: □Driver □Passenger in front se | aat MPassangar in hack so | at | | | | | |
| □Falling from a height | | Allergies | | | | | |
| □Injury at work | | | | | | | |
| Date of injury | | Email | | | | | |
| What injury occurred? | | | | | | | |
| □Insidious onset □Lifting an object □F | Playing a sport □Slipping a | and falling | a □Tripp | ing/u | neve | en su | irface |
| Your pain occurs: Constantly Cintern | nittent □worse after activi | ty □worse at the er | nd of the | day E | Jwor | rse (| during a |

activity worse during cold seasons worse during the day worse during the night worse in the morning

Describe your pain: □aching □burning □cramp-like □dull □in a glove distribution □in a stocking distribution □pins & needles-like □sharp □shooting □stabbing

| Symptoms | Associated with your pain | Symptoms | Associated with your pain |
|-----------------------------|---------------------------|---------------------------|---------------------------|
| Arm numbness | | Insomnia | |
| Awakens you from sleep | | Leg numbness | |
| Changes in bladder function | | Sexual Dysfunction | |
| Changes in bowel function | | Shoulder numbness | |
| Changes in temperature in | | Suicidal ideation | |
| the affected area | | | |
| Depression | | Sweating in affected area | |
| Finger numbness | | Toe numbness | |
| Flushing in affected area | | Hand numbeness | |
| | | | |



PAIN COMPREHENSIVE QUESTIONNAIRE

What activities aggravate/relieve your symptoms?

| ACTIVITIES | AGGRAVATES YOUR PAIN | RELIEVES YOUR PAIN |
|---------------------------|----------------------|--------------------|
| All Movements | | |
| Bending Forward | | |
| Exercise | | |
| Lifting Objects | | |
| Lying Flat | | |
| Rest | | |
| Rotating the neck | | |
| Sitting | | |
| Standing for long periods | | |
| Walking long distances | | |

What treatments have you used to treat the symptoms?

| | ATMENTS | | NO RELIEF | MODERATE RELIEF | EXCELLENT RELIEF |
|---------------------|---|---|---|---|--|
| ACT | IVITY MODIFICATION | | | | |
| BR/ | ACE | | | | |
| What type of Brace? | | pe of Brace? | □Back Brace □Ne | eck Brace Cervical tra | action DTENS unit |
| | | | □Ankle Brace (R or | L) Wrist Brace (R or | · L) □Knee Brace (R or L) |
| | How long have you had t | he product? | | | |
| | Are you obta | ining relief? | | | |
| | Are your products in good | d condition? | | | |
| CHI | ROPRACTIC MANIPULATION | N | | | |
| PH | SICAL THERAPY | | | | |
| PIL/ | ATES | | | | |
| WE | IGHT REDUCTION | | | | |
| YOGA | | | | | |
| HEAT TREATMENT | | | | | |
| ICE TREATMENT | | | | | |
| ACI | JPUNCTURE | | | | |
| ME | DICATIONS | | Check mark all med | lication that apply below | V |
| Opioids | | | | | |
| | Opiolus | | NSAIDs/1 | ylenol | Muscle Relaxants |
| | Tramadol | Methadone | | Lodine | Diuscle Relaxants |
| | • | □ Methadone □ Morphine | e 🗌 Tylenol | | |
| | Tramadol Demerol Codeine | | e 🗌 Tylenol 🗆 Aspirin 🗆 Ibuprofen | □ Lodine | 🗆 Soma |
| | Tramadol Demerol | Morphine | e 🗌 Tylenol 🗋 Aspirin 🗌 Ibuprofen | LodineOrudis | SomaLorzone |
| | Tramadol Demerol Codeine | Morphine Nucynta | e 🗌 Tylenol 🗆 Aspirin 🗆 Ibuprofen | □ Lodine □ Orudis □ Relafen | SomaLorzoneFlexeril |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) | Morphine Nucynta Butrans | e 🗌 Tylenol 🗌 Aspirin 🗋 Ibuprofen 🗌 Naproxen | Lodine Orudis Relafen Celebrex | Soma Lorzone Flexeril Baclofen |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) Hydromorphone (Dilaudid,) | Morphine Nucynta Butrans Suboxone | e 🗌 Tylenol Aspirin Ibuprofen Naproxen Daypro | Lodine Orudis Relafen Celebrex | Soma Lorzone Flexeril Baclofen Zanaflex |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) Hydromorphone (Dilaudid,) Hydrocodone (Vicodin) | Morphine Nucynta Butrans Suboxone | e Dylenol Aspirin Ibuprofen Naproxen Daypro Indocin | Lodine Orudis Relafen Celebrex | Soma Lorzone Flexeril Baclofen Zanaflex Robaxin |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) Hydromorphone (Dilaudid,) Hydrocodone (Vicodin) Oxycodone (Percocet, Oxycor | Morphine Nucynta Butrans Suboxone ntin) | e D Tylenol Aspirin Ibuprofen Naproxen Daypro Indocin Feldene | Lodine Orudis Relafen Celebrex | Soma Lorzone Flexeril Baclofen Zanaflex Robaxin Skelaxin |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) Hydromorphone (Dilaudid,) Hydrocodone (Vicodin) Oxycodone (Percocet, Oxycor Oxymorphone (Opana) Antidepressants Elavil (Amitriptyline) | Morphine Nucynta Butrans Suboxone ntin) | e 🗌 Tylenol Aspirin Ibuprofen Naproxen Daypro Indocin Feldene Voltaren Other Neurontin (Gab | □ Lodine □ Orudis □ Relafen □ Celebrex □ Toradol | Soma Lorzone Flexeril Baclofen Zanaflex Robaxin Skelaxin |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) Hydromorphone (Dilaudid,) Hydrocodone (Vicodin) Oxycodone (Percocet, Oxycor Oxymorphone (Opana) Antidepressants Elavil (Amitriptyline) Pamelor (Nortriptyline) | Morphine Nucynta Butrans Suboxone | e Dylenol Aspirin Ibuprofen Naproxen Daypro Indocin Feldene Voltaren Other Neurontin (Gab | □ Lodine □ Orudis □ Relafen □ Celebrex □ Toradol | Soma Lorzone Flexeril Baclofen Zanaflex Robaxin Skelaxin |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) Hydromorphone (Dilaudid,) Hydrocodone (Vicodin) Oxycodone (Percocet, Oxycor Oxymorphone (Opana) Antidepressants Elavil (Amitriptyline) Pamelor (Nortriptyline) Desipramine | Morphine Nucynta Butrans Suboxone | e DTylenol Aspirin Ibuprofen Naproxen Daypro Indocin Feldene Voltaren Other Neurontin (Gab Tegretol Dilantin | □ Lodine □ Orudis □ Relafen □ Celebrex □ Toradol Papentin) □ Lyrica □ Ativan □ Xanax | Soma Lorzone Flexeril Baclofen Zanaflex Robaxin Skelaxin |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) Hydromorphone (Dilaudid,) Hydrocodone (Vicodin) Oxycodone (Percocet, Oxycor Oxymorphone (Opana) Antidepressants Elavil (Amitriptyline) Pamelor (Nortriptyline) Desipramine Impramine (Tofranil) | Morphine Nucynta Butrans Suboxone | e Tylenol Aspirin Ibuprofen Daypro Indocin Feldene Voltaren Other Neurontin (Gab Tegretol Dilantin Topamax | Lodine Orudis Relafen Celebrex Toradol | Soma Lorzone Flexeril Baclofen Zanaflex Robaxin Skelaxin |
| | Tramadol Demerol Codeine Fentanyl (Duragesic) Hydromorphone (Dilaudid,) Hydrocodone (Vicodin) Oxycodone (Percocet, Oxycor Oxymorphone (Opana) Antidepressants Elavil (Amitriptyline) Pamelor (Nortriptyline) Desipramine | Morphine Nucynta Butrans Suboxone | e DTylenol Aspirin Ibuprofen Naproxen Daypro Indocin Feldene Voltaren Other Neurontin (Gab Tegretol Dilantin | □ Lodine □ Orudis □ Relafen □ Celebrex □ Toradol Papentin) □ Lyrica □ Ativan □ Xanax | Soma Lorzone Flexeril Baclofen Zanaflex Robaxin Skelaxin |



PAIN COMPREHENSIVE QUESTIONNAIRE

Do you have any adverse effects since starting any treatment?

Constipation Drowsiness DMental slowness Other

What procedures have you had to treat the pain?

| PROCEDURE | Mark if applicable |
|---|--------------------|
| No Procedure | |
| Epidural Steroid Injection | |
| Facet Joint Injection | |
| Medial Branch Block Trial | |
| Peripheral Nerve Injection | |
| Rhizotomy | |
| Fusion, anterior | |
| Fusion, posterior | |
| Fusion, combined anterior and posterior | |
| Laminectomy | |
| Microdiscectomy | |
| Other | |

| What imaging studies have you had for the |
|---|
| pain? |
| □Bone scan |
| □CT Scan |
| Demg |
| |
| |

How has the pain limited you? (check mark all that apply)

| Activities | Limit Pain | Activities | Limit Pain |
|--|------------|---|-------------|
| No limitations | | Inability to attend school | |
| Attending school on a limited basis | | Inability to perform daily activities (ADL's) | |
| Difficulty getting up from chair | | Inability to work | |
| Difficulty sitting | | Requiring constant assistance | |
| Difficulty standing | | Requiring occasional assistance | |
| Difficulty walking | | Working on a limited basis | |
| Difficulty with daily activities (ADL's) | | Working light duty | |
| Difficulty with recreational sports | | Other | |
| Functional limitations | | | |
| Who have you seen for this problem? | | Emergency Room General Surgeon C |] Internist |

Who have you seen for this problem? Chiropractor Emergency Room General Surgeon Internist

□Orthopedic Doctor □Pediatrician □Primary care □ Therapist □Trainer □Urgent Care Center □Walk in clinic



** PLEASE COMPLETE THE REMAINDER OF THIS PAPERWORK ON THE PATIENT PORTAL **

<u>https://treatingpain.ema.md</u> **Contact our office at 855-836-7246 for a username and password**

Past Medical History (please check all that apply):

- □ Anemia, Chronic
- Anxiety
- Asthma
- □ Atrial fibrillation
- Breast Cancer
- Chronic Pain
- Colon Cancer
- COPD
- □ Coronary Artery Disease
- Depression
- Diabetes, Insulin Dependent

Past Surgical History (please check all that apply):

- □ Appendix (Appendectomy)
- □ Bladder Removed
- Breast: Mastectomy □Right □Left □Both
- □ Breast: Lumpectomy □Right □Left □Both
- □ Colectomy: Colon Cancer Resection
- □ Colectomy: Diverticulitis
- Colectomy: IBD
- □ Colon: Colostomy
- □ Gallbladder Removal
- □ Heart: Biological Valve Replacement
- □ Heart: Coronary Artery **Bypass Surgery**

- Diabetes, Non-Insulin Dependent
- □ End Stage Renal Disease
- GERD
- Hepatitis
- □ HIV/AIDS
- □ High Cholesterol
- □ Hyperparathyroidism
- □ Hypertension
- □ Hyperthyroidism
- □ Hypothyroidism
- Heart Transplant
- Heart: Mechanical Valve Replacement
- □ Heart: PTCA
- □ Kidney Stone Removal
- □ Kidney Transplant
- □ Liver: Liver Transplant
- Liver: Shunt
- Ovaries Removed: Ovarian Cancer
- Ovaries: Tubal Ligation
- Pancreas: Pancreatectomy
- □ Prostate Removed: Prostate Cancer
- Prostate Removed: TURP
- Rectum: APR

- □ Lung Cancer
- □ Lymphoma
- Multiple Myeloma
- Obesity, Morbid
- Obesity
- PBPH
- Prostate Cancer
- Radiation Therapy
- □ Seizures
- □ Stroke
- None
- Other
- Rectum: Low Anterior Resection
- □ Skin: Basal Cell Carcinoma
- Skin: Melanoma
- □ Skin: Skin Biopsy
- □ Skin: Squamous Cell Carcinoma
- □ Hysterectomy: Caesarean
- □ Hysterectomy: Uterine Cancer
- □ Hysterectomy: Cervical Cancer
- None
- □ Other

Leukemia



Past Orthopedic History (please check all that apply):

- Ankle Fracture
- □ Ankylosing Spondylitis
- Bursitis
- DISH
- □ Epidural Injections, Spine
- Fracture
- Gout
- □ Hip Fracture
- □ HNP, Cervical
- □ HNP, Lumbar
- Metastatic Bone Disease

Past Orthopedic Surgery (please check all that apply):

- Ankle Fracture ORIF □Right □Left □Both
- □ Carpal Tunnel Decompression □Right □Left □Both
- □ Cervical Spine Surgery: ACDF
- Cervical Spine Surgery: Disc Replacement
- Distal Radius ORIF \Box Right \Box Left \Box Both
- □ Intermedullary Nailing Femur □Right □Left □Both
- □ Intermedullary Nailing Tibia □Right □Left □Both
- □ Joint Replacement: Hip □Right □Left □Both

- Osteoarthritis
- Osteopenia
- Osteoporosis
- Primary Bone Sarcoma
- Psoriatic Arthritis
- Rheumatoid Arthritis
- □ Ricketts
- RSD
- Sciatica
- □ Scoliosis
- Spine Fracture
 - □ Joint Replacement: Knee □Right □Left □Both
 - □ Joint Replacement: Shoulder \Box Right \Box Left \Box Both
 - □ Knee Arthroscopy \Box Right \Box Left \Box Both
 - □ Kyphoplasty/Vertebroplasty
 - □ Lumbar Spine Surgery: Decompression
 - □ Lumbar Spine Surgery: Decompression & Fusion
 - □ Lumbar Spine Surgery: Disc Replacement
 - □ Rotator Cuff Repair \Box Right \Box Left \Box Both
 - Other
 - None

- Soft Tissue Sarcoma
- □ Spinal Stenosis, Cervical
- □ Spinal Stenosis, Lumbar
- Vertebral Body
- **Compression Fracture**
- □ Vitamin D Deficiency
- Wrist Fracture
- None
- Other



Medications (please list all current medications or check option, which applies):

- Complete the information below regarding all medications you are currently taking, have discontinued, or modified.
- Be certain to list both prescription and non-prescription medication, including any herbals or supplements you take.
- □ I brought a copy of my medication list (please provide the list to the front desk receptionist)
- □ Not currently taking any medications

| Medication Name | Dosage | # times dosage taken per day |
|-----------------|--------|------------------------------|
| | | |
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Allergies (please list all known allergies or check option, which applies):

- □ I brought a copy of my allergy list (please provide the list to the front desk receptionist)
- □ No known allergies

| Allergy Type | Please describe allergic reaction severity & symptoms |
|--------------|---|
| | |
| | |
| | |
| | |



Social History (please check all that apply):

packs per day_____

Cigarette Smoking

Never Smoked

□ Smokes daily

□ Quit: former smoker

□ Smokes less than daily

Alcohol Use

- □ Do not drink alcohol
- □ Less than 1 drink a day
- □ 1-2 drinks a day
- \Box 3 or more drinks a day

Exercise Frequency

- □ Several times a day
- \Box Once a day
- □ Few times a week
- □ Few times a month
- Never
- □ Other_____

Drug Use

- □ Drug Use
- □ IV Drug Use
 - 0 _____

Family History:

Please check appropriate box "Alive" or "Deceased" and list ages for the following Blood Family Members. If Parents or Grandparents are deceased, please write in Age and Cause of Death, if known.

| | Alive | Age (if known) | Deceased | Age at Death | If deceased, cause of death | Unknown Status |
|----------------------|-------|-------------------|----------|--------------|-----------------------------------|-------------------|
| Father | | | | | | |
| Mother | | | | | | |
| Maternal Grandmother | | | | | | |
| Maternal Grandfather | | | | | | |
| Paternal Grandmother | | | | | | |
| Paternal Grandfather | | | | | | |

| | Number Alive | Age (if known) | Number Deceased | Age at Death | If deceased, cause of death | Unknown Status |
|-----------|-----------------|-------------------|--------------------|--------------|-----------------------------------|-------------------|
| Brothers | | | | | | |
| Sisters | | | | | | |
| Sons | | | | | | |
| Daughters | | | | | | |



Family History (continued):

Please mark YES or NO if a Blood Family Member has ever had any of these conditions. If you mark YES, please mark the box under the relationship of the person to you

| | | | | Relationship of Person to you | | | | |
|---------------------|-----|----|----------------|-------------------------------|--------|-------------|--------------------|------------------|
| | YES | NO | DO NOT KNOW | Father | Mother | Grandparent | Brother /Sister | Son/ Daughter |
| Cancer | | | | | | | | |
| Heart Disease | | | | | | | | |
| Diabetes | | | | | | | | |
| High Blood | | | | | | | | |
| Pressure | | | | | | | | |
| Stroke/TIA | | | | | | | | |
| Alcohol Abuse | | | | | | | | |
| Drug Abuse | | | | | | | | |
| Psychiatric Illness | | | | | | | | |
| Seizures | | | | | | | | |
| Depression/Suicide | | | | | | | | |
| Osteoarthritis | | | | | | | | |
| Osteoporosis | | | | | | | | |
| Scoliosis | | | | | | | | |
| Other Conditions | | | | | | | | |



Review of Systems* (check yes or no if you are currently experiencing any of the following):

| Symptom | Yes | No | Symptom | Yes | No |
|-------------------------|-----|----|------------------------------|-----|----|
| Joint pains | | | Pain w/ breathing | | |
| Joint swelling | | | Palpitations | | |
| Difficulty Walking | | | Ankle Swelling | | |
| Muscle Pain | | | Labored breathing w/exertion | | |
| Weakness | | | Nausea | | |
| Numbness | | | Vomiting | | |
| Tingling | | | Diarrhea | | |
| Fever | | | Constipation | | |
| Weight Gain | | | Heartburn | | |
| Rash | | | Ulcers | | |
| Chest Pain | | | Blood in Stool | | |
| Incontinence | | | Urinary Incontinence | | |
| Shortness of Breath | | | Urinary hesitancy | | |
| Suicidal thoughts | | | Urinary retention | | |
| Weight loss | | | Blood in urine | | |
| Chills | | | Genital pain | | |
| Fatigue | | | Excessive bruising | | |
| Discoloration | | | Excessive bleeding | | |
| Scarring | | | Cancer | | |
| Environmental Allergies | | | Excessive thirst | | |
| Immunosuppression | | | Heat/Cold intolerance | | |
| HIV/AIDS | | | Diabetes | | |
| Blurred Vision | | | Thyroid Disease | | |
| Double Vision | | | Joint Stiffness | | |
| Glaucoma | | | Dizziness | | |
| Eye pain | | | Fainting | | |
| Ringing in the Ears | | | Headaches | | |
| Loss of hearing | | | Tremor | | |
| Nose bleeds | | | Seizure | | |
| Hoarseness | | | Memory Loss | | |
| Difficulty Swallowing | | | Depression | | |
| Cough | | | Anxiety | | |
| Wheezing | | | Hallucinations | | |

Other Medical Conditions* (check yes or no for the following):

*Please inform the physician, medical assistant or front desk staff of any other medical conditions or concerns.

| Symptom | Yes | No | Symptom | Yes | No |
|--------------------------------|-----|----|----------------------|-----|----|
| Blood Thinners | | | Rheumatoid Arthritis | | |
| Pacemaker | | | Hepatitis B or C | | |
| Defibrillator | | | HIV/ADS | | |
| Premedicate Prior to Procedure | | | Diabetes | | |
| Hepatitis B or C | | | | | |